



# Welcome to our MAYFACS eNewsletter

Mayfield & Five Ashes Community Services [www.mayfacs.org.uk](http://www.mayfacs.org.uk) 01435 873888

September 2024

MAYFACS, LONDON HOUSE, HIGH STREET, MAYFIELD, TN20 6AQ  
Registered Charity No. 1166647



Sign up for eNewsletter

We are open in our MAYFACS office at London House, Mayfield High Street, on **Monday, Tuesday and Wednesday between 10am - 1pm every week.** We may be in the office on other occasions around our regular activities in the community but to give you a guaranteed time to see us, please arrive during these times.

**MAYFACS OFFICE Helpline Number:** Please use our 01435 873888 number for COMMUNITY CAR REQUESTS and GENERAL HELP rather than our direct mobile numbers which are not checked every day. We know it rings for a long time, but do leave a message on our answerphone as the phones are checked DAILY (Monday to Friday office hours only) and we will call you back as soon as possible. We do not answer the landline due to confidentiality whilst we have open offices.



MAYFACS Website

**The Helpline and our Mobile Phones are not in operation over the weekends and evenings, so if you leave us a message over Saturday and Sunday, this will not be picked up until the following working day.**

## September MAYFACS eNews

### What's on:



**Little Munchkins Baby and Toddler Group will resume Wednesday 4<sup>th</sup> September 2024.** Please do join us every Wednesday (term time) from 9am – 11am for just £3 per family! All carers, grandparents and parents are very welcome!

**Know your Parish 10.30am – 1.30pm – Saturday 28<sup>th</sup> September**  
MAYFACS will be attending this event and would love to chat to anyone interested in what we do, who we are, how you can get involved or support us! Please do support this fabulous idea to find out about all the opportunities available within our Parish from many different organisations.

### Produce from the Mayfacs Shed community garden !

**A beautiful fresh selection of produce from the MAYFACS SHED Community Garden, outside the office **most Tuesdays and Wednesdays** whilst stocks last.**

Please help yourselves and **donations welcome** (don't worry if you don't have cash with you, we have a card machine in the office so do come in if you want to donate using your card). Thank you! If you grow your own produce and have surplus stock, please consider donating it to our produce table to share amongst our community. If you are interested in joining our community garden group, please do let us know – you can help as often or as little as you can!



### Living with Dementia Training available (fully funded) – **we still have places available**

MAYFACS are funding training for up to 24 people on Living with Dementia over a 2-part session.

**Dates:** 1<sup>st</sup> session Tues 17<sup>th</sup> or Thurs 19<sup>th</sup> Sept. 2<sup>nd</sup> session Tues 8<sup>th</sup> or Thurs 17<sup>th</sup> October. **Time:** 12.30 – 4.30.

This training is open to anyone wanting to know more about living with dementia, and supporting MAYFACS and our community in being more dementia friendly. Suitable for businesses, local organisations, community groups, schools and individuals. Both sessions must be attended and take place on afternoons in September and October. If you would like to find out more about this, please contact [freya@mayfacs.org.uk](mailto:freya@mayfacs.org.uk)

**Support for All on our website:** [www.mayfacs.org.uk](http://www.mayfacs.org.uk) We have been developing our support sections on our website and now have specific areas focusing on **Youth Support** and **Dementia Support** available to everyone within our community and the surrounds. This is on top of signposting for financial and other support. Please do visit our website if you need any advice or help, or come into the office and chat with the team.

## MAYFACS Create @ The Shed! Youth Sessions : Next Session Saturday 7<sup>th</sup> September 10am – 12.30pm – CREATE Acrylic Still Life painting with local artist

Our next Create @ The Shed session takes place on Saturday 7<sup>th</sup> September for any young people (secondary school suggested ages) interested in getting involved in exploring new skills, being creative and hanging out with like-minded people!



Exploring different forms of creative genres including art, music and tech, sessions take place every 1<sup>st</sup> Saturday of the Month. Booking is essential for each session with limited spaces available. Email us on [create@mayfacs.org.uk](mailto:create@mayfacs.org.uk) to secure your place. Suggested donations cover basic materials and are kept to a minimum with funding support MAYFACS receive (and will vary depending on the activity organised). If you would like to attend but need further financial support, please get in touch to discuss

## REPAIR CAFE At MAYFACS Shed

### The next Repair Café will be at MAYFACS SHED on Saturday 14<sup>th</sup> September

We welcome you to find out more about our Repair Cafes, join us for some tea and cakes (you do not need to bring a repair to attend!) and find out more about our MAYFACS Shed and MAYFACS community. See page 6 for 2024 Repair Café dates.

Repairs will be accepted from 10am through to 12.15pm and we aim to fix as many items as we can on the day! So please bring along those gardening tools needing a little TLC, or the broken ornaments that need bringing back to life! If we cannot repair it, we will suggest alternative options where available!

### ART AT THE SHED – 4<sup>th</sup> Friday of every month.

**Next Session: Friday 27<sup>th</sup> September 10am – 12pm.** Booking required as places limited! Our monthly **Art at the Shed** continue with our wonderful volunteer artist Hannah, leading very informal and friendly art workshops at MAYFACS Shed. If you enjoy drawing, or just want to give it a go, come along to this friendly group every month where we will be getting outside as much as possible to be inspired by nature! Materials all provided, suggested donation of £3-£5 per person, teas and coffees provided!



**MAYFACS SHED:** Merrieweathers Farm, East Street, Mayfield TN20 6RJ



MAYFACS Shed holds **3 Sessions every week** for anyone to come along and join in! New Shedders always welcome!

The **MAYFACS Shed** is a fantastic community opportunity for anyone to come along, meet some friendly people, get involved in Shed projects and development, create items in the workshops, work on your own personal projects and repairs – and have lots of cups of tea and chat!! The Shed offers a well-stocked workshop, social area, outside workspaces, our wonderful Orchard with bee hives, as well as the new community garden.

All **3 weekly Shed sessions** have access to the inside and new external workshop spaces, as well as opportunities in the garden getting ready for a new season, so there is plenty of opportunities to join us whenever you are available! As well as our Repair Café every month. See page 6 for full details.

For more information, please visit our website [www.mayfacs.org.uk/theshed](http://www.mayfacs.org.uk/theshed) or contact [theshed@mayfacs.org.uk](mailto:theshed@mayfacs.org.uk) or 01435 873888, or come along to one of the sessions above and find out more!



## MAYFACS COMMUNITY SHED

Merrieweathers Farm, East Street, Mayfield TN20 6RJ

The MAYFACS Shed and Community Garden is an opportunity for anyone to come along, meet some friendly people, work in the workshops or outdoor spaces on your own personal projects or community projects.

**WEEKLY SESSIONS**

**MONDAY (Mixed Group) 9.30am - 12.30pm**  
**WEDNESDAY (Men's Group) 9.30am - 12.30pm**  
**THURSDAY (Mixed Group) 9.30am - 12.30pm**

**REPAIR CAFES** 

3rd Saturday of every month (no Cafe in December) at MAYFACS Shed (Refreshments available) 10am - 1pm.  
Community Cafe at Five Ashes on Sat 20th April 24

Bring your repairs along, join us for tea and cake, and get to know our Repairers! You are also welcome along without repairs! Volunteer Repairers always welcome!

For more information  
Email us on [theshed@mayfacs.org.uk](mailto:theshed@mayfacs.org.uk)  
Call MAYFACS on 01435 873888  
Visit our website [www.mayfacs.org.uk/theshed](http://www.mayfacs.org.uk/theshed)  
or Follow us on Facebook  
[www.facebook.com/MayfacsShed](https://www.facebook.com/MayfacsShed)







# MAYFACS Weekly Activities

Mon

**Mayfacs Shed Session:** Monday 9.30am - 12.30pm Mixed Group  
Merrieweathers Farm, East Street, Mayfield TN20 6RJ

Mon

**Yarners:** Chat and knit, sew and crochet in Sew Inspired shop in the High Street,  
£3.50 per person, 1.30-3.30pm.

Tue

**Tuesday Chat:** Regular meet up & chat with refreshments in Colkins Mill Church,  
Station Road. 2-3pm. £2. Every Tues apart from the first Tuesday of the month.

Tue

**Tuesday Afternoon Club:** First Tuesday of the month in Colkins Mill Church, Station  
Road, Mayfield 2-4pm £3 including a Speaker, raffle and a light afternoon tea. Please  
bring a small prize to share for the raffle.

Wed

**Little Munchkins Baby & Toddler Group:** For all carers, parents & grandparents and  
under fives. Every Wednesday, term time only in the Scout Hall 9-11 am. £3 per family

Wed

**Mayfacs Shed Session:** Wednesday 9.30am - 12.30pm Men's Shed Group  
Merrieweathers Farm, East Street, Mayfield TN20 6RJ

Wed

**Writing for fun:** A monthly group on 3rd Wednesday of the month at  
10am - 12pm in London House. £3 including refreshments.

Wed

**Middle House Afternoon Tea (MAR - SEP):** 3rd Wednesday of the month on a rota  
basis 2pm. £12.50 for senior citizens living alone.

Wed

**Wednesday Chat:** Every 2nd & 4th Wednesday, 2-3pm in Five Ashes Village Hall. £2.  
Transport available. (Speaker on 4th Wednesday).

Thur

**Mayfacs Shed Session:** Thursday 9.30am - 12.30pm Mixed Group  
Merrieweathers Farm, East Street, Mayfield TN20 6RJ

Thur

**Poetry:** 1st Thursday 11-12.30 Coach House Cottage, Royal Oak Mews, Mayfield £2.

Thur

**Middle House Lunch:** 2nd Thursday of the month on a rota basis.  
12.30pm £12.50 for senior citizens living alone.

Thur

**Community Café Crowborough :** A dementia friendly group for people to come  
together to enjoy an activity and refreshments. Last Thursday of the month.  
2-4pm. Chaperoned transport available from Mayfield.

Fri

**MAYFACS Film Club (OCT-MAR):** Five Ashes Village Hall. Please see our  
programme of films. 1.45-4pm £6. Transport from Mayfield £3

Fri

**Art at the Shed:** 4th Friday of the month 10 -12 pm £3-5 MAYFACS Shed.  
Materials and refreshments provided. Booking essential.

Fri

**Games/Scrabble/Cribbage:** 3rd Friday of the month 2-4pm £3 at London House,  
bring a game or join in with some friendly games.

Sat

**Create @ the Shed:** 1st Saturday of the month 10am - 12.30pm refreshments  
provided. Donations to cover materials. School age Years 7 - 11. Booking essential.

Sat

**MAYFACS Shed Monthly Repair Cafe** 3rd Saturday of every month (except Dec)  
open 10am - 1pm refreshments available. At MAYFACS Shed



**No need to pre book, unless stated.**

**Please visit [www.mayfacs.org.uk](http://www.mayfacs.org.uk) or contact us on 01435 873888.**

# MAYFACS MONTHLY TRIPS

SCHEDULE JULY 2024 - DEC 2024



Monthly Trip places will be allocated on a first come first served basis and are open to everyone. To book please pop into the office, phone and leave a message or email [clare@mayfacs.org.uk](mailto:clare@mayfacs.org.uk)



Once you've booked with the office and confirmed there is space available, please pay ASAP to secure your place via:

- cheque or cash to the MAYFACS office
- card payments in MAYFACS office
- BACS transfer (please include your name and the name of the trip/s as the reference)



**Direct bank transfer details: Mayfield & Five Ashes Community Services (MAYFACS), Account Number 00029924, Sort Code 40 52 40**



Refunds can only be given at MAYFACS discretion. If you would like to attend any of our trips but need some financial support, please talk to us in confidence.

**Thursday 18th July** Busi Jacobsohn Vineyards tour & tastings, Eridge £36

**Thurs 5th Sep** Groombridge Owl and Raptor Centre, including display. Lunch at The Crown Pub (to be paid on the day). £29

**Thurs 3rd Oct** Visit the historic Town of Battle £10

**Thurs 7th Nov** Annual Shopping trip to Bluewater £10

**Thurs 5th Dec** Christmas Bowling trip £17



Most of the monthly trips leave Mayfield at approx. 9-10am and are back about 4pm. The MAYFACS team will contact you a week or so before the Trip and arrange pick up times at our various stops. Because we have to pre order tickets and transport, we will not always be able to offer a refund should you cancel your place. If you are worried about accessibility for any of our activities or trips or have any questions please do let us know.

**Please visit our website [www.mayfacs.org.uk](http://www.mayfacs.org.uk) for updates of weekly activities or contact us at the MAYFACS Office on 01435 873888.**



## VOLUNTEERING OPPORTUNITIES FOR MAYFACS

With such a variety of activities, support and services that MAYFACS offers every day within our community, we cannot do any of this without the support of our volunteers. In order to keep supporting our community we really do need more volunteers to help us deliver!

Volunteering within our community doesn't need to be a regular or big time commitment, but can work around your availability.

If you are interested in volunteering for MAYFACS and would like more information on any of the above volunteer roles, please contact Becky on [becky@mayfacs.org.uk](mailto:becky@mayfacs.org.uk)

## MAYFACS Volunteer Opportunities

MAYFACS is fortunate to have some wonderful volunteers. We would love you to join us to make a difference together!

Volunteering can be for as little or as much time as you can offer. It's a great way to meet people and get involved in our MAYFACS Community.

If you would like to volunteer for MAYFACS we would love to hear from you. Pop into the office (London House, Mayfield High Street or email [becky@mayfacs.org.uk](mailto:becky@mayfacs.org.uk)

### Here are some of our volunteer opportunities

- Community Car Driver
- Mini Bus Driver
- Be a computer/Tech Buddy
- Help out with Admin and become a phone volunteer
- Bake a cake for events and weekly groups
- Toddler Group volunteers
- Shopping volunteers
- Befriending
- MAYFACS Shed and Repair Cafe
- Newsletter/leaflet delivery
- D of E Opportunities
- Community Garden
- Teaching a skill/activity
- Is there a skill you have that you would like to use to support MAYFACS as one of our volunteers?



## MAYFACS UKRAINE SUPPORT HUB

The support email address ([Ukrainesupport@mayfacs.org.uk](mailto:Ukrainesupport@mayfacs.org.uk)) continues to be available at all times and our phone line which is checked daily Monday to Friday (01435 873888) for any further support required, or please visit us at our office anytime to say hello. Our weekly English Lessons continue at MAYFACS office in London House and are available for all our Ukrainian friends at various levels. Please contact the email above to register interest in attending as dates and times of the sessions may change.

## MAYFACS SUPPORT SERVICES



## MAYFACS SUPPORT SERVICES

MAYFACS has many services to help you should you need any additional support at any time. All requests will be treated in the strictest of confidence, and our team will do everything we can to ensure you have access to any help that you need - be it financial, personal, social or medical.

### MAYFACS Hardship Fund

If you are finding it financially difficult and need some extra support, and live or work within Mayfield and Five Ashes, do contact us in confidence to discuss how we can support you through our Hardship Fund or email [hardshipfund@mayfacs.org.uk](mailto:hardshipfund@mayfacs.org.uk)

### Food Bank Referrals

We can refer families and individuals to local foodbanks for anyone in need of this support, be it short term or longer. Specific requests/dietary requirements can also be accommodated. Collections or deliveries both available.

### Community Fridges

Community Fridges are open to anyone, no questions asked. They are there to prevent food waste and support our environment by ensuring food goes to a home. Fridges are available in Heathfield, Uckfield and Hailsham (set times).

### Community Car Service

Our Community Car Service ensures you get to medical appointments when you have no other way to get there. It is open to anyone who needs it. Whether a local appointment, or further afield, please contact us. This is a paid for service – covering the cost of fuel for our drivers. If cost is a concern, please let us know.

### Everyday Support & Befriending Services

Should you need any help with emergency shopping, getting to our activities, navigating other support services and agencies, having volunteer befrienders visit you regularly, as well as borrowing a wheelchair, DVD or Jigsaw, then please get in touch! If we can't help, we can tell you who can! We are here for everyone within our community.

For more information about the above or any of MAYFACS activities and services, please visit us in London House, Mayfield, email us on [info@mayfacs.org.uk](mailto:info@mayfacs.org.uk) or call us on 01435 873888 or visit our website [www.mayfacs.org.uk](http://www.mayfacs.org.uk). Alternatively pick up our leaflets from various shops in Mayfield High St, Five Ashes Village Hall, Woodhill Surgery and our noticeboards. Join our eNewsletter mailing or follow our social media.



**SOCIAL MEDIA** : MAYFACS is on social media! Please follow us to keep up to date with our activities and to learn more about what we do!



@MAYFACS2016



@MAYFACS  
@MAYFACSSHED

**Contact Details** – Lucy Jervis, Freya Huxtable, Clare Vosloo, Becky Smith, Gill Lawday  
Telephone: 01435 873888 in the first instance and leave a message. We will phone you back.

[www.mayfacs.org.uk](http://www.mayfacs.org.uk)

**BANK DETAILS** (for donations, payments of trips and activities) – Mayfield & Five Ashes Community Services (MAYFACS) Account No **00029924** Sort Code **40-52-40**

Emails: [manager@mayfacs.org.uk](mailto:manager@mayfacs.org.uk), [freya@mayfacs.org.uk](mailto:freya@mayfacs.org.uk), [clare@mayfacs.org.uk](mailto:clare@mayfacs.org.uk), [becky@mayfacs.org.uk](mailto:becky@mayfacs.org.uk), [finance@mayfacs.org.uk](mailto:finance@mayfacs.org.uk); [theshed@mayfacs.org.uk](mailto:theshed@mayfacs.org.uk), [ukrainesupport@mayfacs.org.uk](mailto:ukrainesupport@mayfacs.org.uk), [info@mayfacs.org.uk](mailto:info@mayfacs.org.uk); [create@mayfacs.org.uk](mailto:create@mayfacs.org.uk)

Please visit our website [www.mayfacs.org.uk](http://www.mayfacs.org.uk) for updates of weekly activities or contact us at the MAYFACS Office on 01435 873888. You can also join our monthly eNewsletter mailing list to get full details on everything that we do to support our community by contacting [clare@mayfacs.org.uk](mailto:clare@mayfacs.org.uk).



Bring your repairs along, join us for tea and cake, and get to know our Repairers! We assess all repairs in the workshop and let you know if we can bring them back to life!

2024 Repair Cafe Dates:

From February 2024 we will be moving our Repair Cafes to the 3rd Saturday of the month (\*with one exception)

January 27th

February 17th

March 16th

April 20th (to be a community cafe at Five Ashes Village Hall)

May 18th

June 15th

July 20th

August 17th (Summer BBQ – all welcome!)


September 14th\* (to avoid Mayfield Carnival)


October 19th

November 16th

No cafe in December



 [www.mayfacs.org.uk](http://www.mayfacs.org.uk)

 MayfacsShed

 01435 873888

